



The Coordinator of Government
Activities in the Territories (COGAT)

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Aid to Gaza: Common Misleading Claims vs. Facts

The upcoming IPC assessment of Gaza, expected to be released on 18 December, is being issued amid a stream of reports and statements on the humanitarian situation that are factually incorrect, lacking critical context, or inconsistent with verified data from the ground. There is no famine or starvation in Gaza, as reflected in aid entry data as well as market activity.

Despite this, the upcoming IPC report was written without prior engagement with representatives of Israel or the US at the CMCC. A practice consistent with the [IPC's reporting on Gaza](#) in the past two years. This methodology risks reinforcing a false narrative, driven in part by Hamas-sourced claims, while ignoring the actual humanitarian conditions on the ground. This document addresses some of the most common false claims currently shaping the public discourse about Gaza, and which are likely to cause the upcoming IPC's analysis to once again misrepresent the humanitarian situation and the Israeli policies related to it.

1. Claim: "Not enough food/aid is entering the Gaza Strip"

FACTS:

600-800 trucks enter Gaza daily, seventy percent of these trucks carry food, amounting to **more than five times** Gaza's internationally defined nutritional requirements. This is according to WFP methodology, also quoted in previous IPC reports, that Gaza needs 62,000 metric tons of food per month. Hamas seeks to create a false narrative, deliberately ignoring the reality on the ground. By focusing on selective claims and disregarding verified data, they aim to mislead the international community and manipulate public perception for political and strategic purposes.

2. Claim: "Less than half of the 600 daily truckloads mandated under the conditions of the ceasefire actually enter Gaza"

FACTS:

Israel is fully committed to upholding its side of the ceasefire agreement, facilitating 600-800 trucks daily into the Gaza Strip, a fact which is likely to be misrepresented in the upcoming IPC report.

This claim – [originally made by Hamas](#) and subsequently repeated by several media outlets as well as by certain UN officials – is contradicted by official data from US Central Command's Civil-Military Coordination Center (CMCC), the independent body overseeing delivery of aid to Gaza.

[According to CMCC](#), in the five weeks between 24 October and 27 November, CMCC facilitated the delivery of over 24,000 trucks – a daily average of 686 trucks, or **14 percent above the agreed amount**.



The Coordinator of Government
Activities in the Territories (COGAT)

The improvement in the availability of food is further reflected in a sharp decline in food prices. [According to the Palestinian Central Bureau for Statistics](#), the food prices index for Gaza fell by over 60% between July and October 2025 and is below its level one year ago. Finally, it is important to emphasize that **only about 20 percent** of all trucks that have entered Gaza since the beginning of the ceasefire carried UN aid. As a result, the UN agencies **lack complete data** on total aid flows into Gaza - a fact they tend to conceal when issuing reports and statements based on their statistics.

3. Claim: “Israel restricts delivery of winterization supplies, such as shelter materials, winter clothes or vaccines”

FACTS:

Israel has been working with international organizations to facilitate a wide range of humanitarian responses in preparation for the winter. Recently, close to **310,000 tents and tarpaulins entered Gaza**, as well as thousands of trucks carrying winter cloths and equipment. This is in addition to hundreds of thousands of tents and shelter equipment items that entered throughout the past year, specifically during the second ceasefire in January. Over 100,000 pallets of winter related items have been approved by COGAT for entry and are currently waiting for the international organizations to coordinate its entry into the Gaza Strip. Other winter preparations include the [coordination of road repairs, including on the Salah al-Din Road](#) – one of the key north-to-south logistical routes in Gaza.

In addition, Israel facilitated the [delivery of vaccines, along with 1.6 million syringes](#), to support the ongoing vaccination campaign.

4. Claim: “There is a shortage of clean drinking water in Gaza”

FACTS:

Water in Gaza is supplied through three pipelines from Israel,

Three water pipelines from Israel to Gaza — the Northern line, Bani Suhila and Birkat Said — are operational, supplying millions of liters of water to Gaza each day. The southern desalination plant has been connected to the Israeli power grid (via “Kela” line), which increased its production from 2,000 m³/day to over 15,000 m³/day, benefiting hundreds of thousands of residents in the area. A UAE-initiated project connected an Egyptian desalination plant to the Al-Mawasi area along the coast, serving about 600,000 residents and operating independently of the Israeli pipelines. Fuel deliveries and refueling coordination are being carried out to support Gaza’s water system and water pumping facilities, which depend on groundwater wells and another local desalination plant operating inside the Strip. Taken together, these sources provide water at levels that far exceed the internationally recognized Sphere Standard for minimum daily water access per person.

5. Claim: “Israel is blocking medical aid”

FACTS:

Israel imposes no limitations whatsoever on humanitarian medical supplies, including antibiotics, surgical consumable equipment, or other essential medicines. These categories



The Coordinator of Government
Activities in the Territories (COGAT)

are routinely approved and facilitated through established humanitarian coordination mechanisms.

Medical-related requests account for roughly 25% of all humanitarian coordination submissions — 1,251 in total. Of these, only 104 were denied, representing **just 8% of all requests**. The reasons for these denials fall into two narrowly defined categories:

- **Dual-use concerns:**

These are items — such as oxygen generators or sterilization equipment, for example — that can be repurposed for terrorist activities or have clear military applications. Importantly, inclusion on the dual-use list does not mean an item is automatically banned. It nonetheless requires special authorization, prior coordination, and appropriate risk-mitigation procedures before entering Gaza.

- **Procedural non-compliance:**

In some rare occasions, requests may be delayed or rejected when the submitting organization is not pre-approved, lacks required documentation, or fails to follow the standard coordination protocols used by recognized humanitarian agencies.

Throughout the war, Israel has facilitated the establishment of 15 field hospitals in Gaza, including one that have become operational in recent weeks.

At the same time, it is important to acknowledge the systematic use and abuse of medical facilities by Hamas, including its close involvement with and exploitation of certain organizations operating hospitals in the Strip. A recent example is the official visit by Hamas representatives to the Médecins Sans Frontières (MSF) field hospital in central Gaza.

6. Claim: “Israel bans essential proteins from entering Gaza”

FACTS:

Humanitarian convoys routinely include a variety of legumes such as lentils, chickpeas, and beans, which together with flour provide all essential amino acids and are the **standard protein source** used by UN agencies in virtually all global emergency operations. Canned tuna and other shelf-stable canned meats have also continued to enter Gaza through humanitarian and commercial channels since the ceasefire, further underscoring that protein sources are not restricted.

It is important to note that humanitarian agencies traditionally do not import fresh animal-based products—such as fresh meat, poultry, eggs, or dairy—because they normally lack the cold chain, refrigerated transport, and storage capacity required to handle perishable goods safely; this was true long before the current conflict. By contrast, protein also enters Gaza through commercial channels, and their prices have been consistently falling as



The Coordinator of Government
Activities in the Territories (COGAT)

market supply improves — making these products increasingly affordable and accessible to an ever-growing proportion of the population.

Notably, the humanitarian organizations are the ones to prioritize the content of aid entering the Gaza Strip.

7. Claim: “Only two of six crossings have been reopened”

FACTS:

This [recently circulated UN claim](#) is highly misleading, because the “six crossings” it refers to are historic Gaza border terminals — including several that **no longer exist and were physically dismantled more than a decade ago**. This outdated list is irrelevant to how the current humanitarian system actually functions.

Prior to October 7th, only two crossings operated for transferring goods into the Gaza Strip.

In practice, today’s aid mechanism operates through **seven inspection and transfer points** that handle humanitarian supplies and commercial goods entering Gaza (with Kerem Shalom serving both as an inspection point and as a transfer/offloading point.):

5 Inspection Points:

- Kerem Shalom
- Ashdod Port
- Nitzana Crossing
- Sha’ar Efrayim Crossing
- Tarkumiya Crossing

3 Transfer and Offloading Points:

- Kerem Shalom (southern Gaza)
- Kisufim Crossing (central Gaza)
- Zikim Crossing (northern Gaza)

The three transfer/offloading points are also shown in the [official UN-SC Resolution 2720 dashboard](#), which maps the active entry points used for humanitarian assistance.

The bottom line is that the current system is proving capable of facilitating the entry of goods into Gaza at the required amounts.

8. Claim: “Israel has deliberately suspended the flow of Jordanian aid at Allenby Bridge as part of its broader restrictions on humanitarian access.”

FACTS:

On September 18, a Jordanian aid truck driver stepped out of a humanitarian aid truck passing through the Allenby Bridge Crossing, and murdered LTC Yitzvchak Harush and



The Coordinator of Government
Activities in the Territories (COGAT)

Staff Sergeant Eitan Hershko. This follows another attack in September 2024 where 3 Israelis were murdered at the crossing.

In response, the Israeli political echelon demanded that Jordan implement enhanced security measures, and until these measures were in place the crossing remained closed as a necessary security precaution rather than a policy of restricting humanitarian access.

Following the establishment of the required safeguards— including enhanced security infrastructure, tightened screening of Jordanian drivers and cargo, upgraded inspection procedures on both sides of the crossing, and deployment of dedicated security personnel — the movement of goods and humanitarian aid from Jordan into the West Bank and Gaza was resumed on 10 December 2025.

9. Claim: “Israel is blocking 6,000 UNRWA aid trucks from entering Gaza”

FACTS:

UNRWA’s claim that “6,000 trucks’ worth of aid” are being blocked – a figure the agency has been invoking since [February 2025](#) – is false. As COGAT has repeatedly clarified, while Israel no longer works directly with UNRWA due to extensive Hamas infiltration and misuse of its facilities, any aid UNRWA holds can enter Gaza freely when routed through other international partners, including the many UN agencies and humanitarian organizations operating under the UNSCR 2720 coordination mechanism. The question which should be returned to UNRWA is why the agency is not transferring any aid that it keeps in storage to other actors capable of bringing it into Gaza.

Bottom line, UNRWA currently has no logistical infrastructure in place to bring in aid, no humanitarian assistance waiting at the crossings or in the supply pipeline, and Israel has no intention to work with an organization so deeply involved in terrorism.

10. Claim: “Israel arbitrary restricts the operation of international aid NGOs in Gaza”

FACTS:

Israel acts to allow and facilitate the entry of humanitarian aid into the Gaza Strip, while Hamas seeks to exploit the aid to strengthen its military capabilities and consolidate its control over the population. This is sometimes done under the cover of certain international aid organizations, whether knowingly or unknowingly. In addition, there have been many cases in which employees of humanitarian organizations were found to be members of Hamas and other terror groups.

In response, and following the directive of the political echelon, the Israeli establishment formulated a new procedure for the registration of international NGOs to ensure that aid is provided by impartial organizations and is not abused for terror purposes, in accordance with international counter-terrorism norms and UN resolutions. Under this procedure, organizations are required to undergo a formal registration process which includes, among other things, submitting a list of the organization’s staff for prior security screening .

The registration process is based on transparent criteria intended to safeguard the integrity of the humanitarian system and the safety of its staff and beneficiaries. The new process



The Coordinator of Government
Activities in the Territories (COGAT)

was presented in full transparency to all the organizations many months before it came into effect.

This process is intended to protect and safeguard humanitarian organizations from the risk of terrorist operatives' involvement and from exploitation by Hamas, as has been demonstrated on multiple occasions throughout the war.

The refusal of some international organizations to provide the required information raises serious concerns about their impartiality and commitment to the prevention of terror financing and infiltration in humanitarian organizations which is a global concern .

11. Claim: "Israel rejected the IPC's famine classification without offering any real counter-evidence or substantive refutation"

FACTS:

According to the [detailed assessment published on 11 September 2025](#), Famine Review Committee (FRC) based its conclusion on evidence that was methodologically unsound, selectively presented, and inconsistent with IPC's own technical standards. Israeli expert analysis showed that the FRC reviewers used incorrect malnutrition thresholds and relied on fabricated malnutrition data. They also cherry-picked only the most alarming food-security surveys while ignoring others. Most importantly, the actual mortality data coming out of Gaza **was two orders of magnitude lower** than what would be expected in a famine and therefore completely inconsistent with such a grave assessment. The review also ignored the fact that food prices were improving and more aid was entering Gaza in late July and August — trends that directly contradicted the claim of ever-worsening conditions.

Even irrespective of Israel's analysis, the IPC's conclusion that famine was occurring in Gaza in July 2025 has been proven false also according to the UN's own statistics and the IPC's distorted famine threshold for Gaza. [Data published by the Nutrition Cluster in September, showed that the malnutrition rate in northern Gaza did not cross the 15% threshold in July, contrary to what the IPC claimed only a few weeks earlier.](#)

Israel stands by its demand that the IPC officially retract the August 2025 report and its conclusions.